

# Men Want A Real Woman

*In an exclusive photoshoot during her recent visit to Dubai, Kelly Brook models New Look's party collection and tells Cosmopolitan Middle East why her man makes her feel sexier than ever*

**K**elly Brook is our kinda girl. When the Brit model arrives at *Cosmopolitan Middle East's* offices, make-up free and in a comfy sweater, it's after a night of partying (the evening before, she attended New Look's 5th birthday party – the high street brand for which she is an ambassador and collaborator) and straight away she 'fesses up to a post-party KFC delivered to her Dubai hotel room the previous night. "I don't know anywhere else in the world where you can get fried food delivered," she laughs. "It was amazing! Such a guilty pleasure."

She claims her boyfriend of one year, former rugby player Thom Evans, is behind her giggly mood. While the couple have had their share of setbacks (earlier this year, Kelly suffered a miscarriage five months into her pregnancy) she says she's now happier and healthier than ever. "I feel the most chilled-out and level-headed I've been in a long time," she smiles. "It's nice to meet someone who is on your level, I guess." Here, she talks about how Thom loves her, "wobbly bits" and all!

**What makes you feel sexy?**

The love of a good man makes you feel sexy. If your man finds you sexy and attractive, that's the best thing in the world. It's important to have someone who makes you feel good about yourself. And loves you, and loves everything about you, like your quirky bits, your wobbly bits...

**Would you ever have plastic surgery to upkeep your looks?**

I don't think I'd have any proper surgery like a nose job or a boob job or anything, I think that's just scary... but I think the odd non-invasive tweak here and there is fine. But I think it's more important to just radiate nice energy... I think that always comes across more so than a frozen forehead. How you interact with people; how you carry yourself; how confident you are within yourself goes so much further than having no lines on your face.

**Can you describe your style?**

I'd say it's quite '50s-inspired. I love vintage. I'm quite curvy – I'm not a skinny girl – so anything that accentuates my waist is always a good thing.

**How has your style evolved?**

It took me a while to really find my own style. When I was a teenager, I always felt a little bit self-conscious that I had boobs and stuff. I guess as you get older, you learn to embrace your shape and your body. If anything, lads' mags really gave me that confidence, as guys obviously love curvy girls, and it just gave me the confidence to not follow trends and to find clothes that suited my figure.

**How have you learned to dress for your shape?**

I think less is sometimes more, especially with someone curvy like me. I've got big hair, I've got a big mouth and big features, and I'm quite an animated person, so I always try and tone it down a little bit.

**Are you body confident?**

I guess I am... I think women like Christina Hendricks and Kim Kardashian and Beyoncé... there are so many gorgeous, curvy women. If anything, they are the girls that are being celebrated in the media more than anybody and they're not super skinny girls, and I think that's because women really respond to them in a positive way and admire them.

**What's your life like away from the spotlight?**

My boyfriend and I have a nice healthy balance. We occasionally go out to clubs, we go out to dinner, but equally we love staying in and watching a DVD, we love cooking together. It's quite healthy.

**How did you guys meet?**

We met in a nightclub on my birthday. A mutual friend introduced us. I was just completely taken with him. I'd read about him because he'd broken his neck in a rugby game and he'd retired. And when I saw him, I recognised him, so I started chatting to him and I just found him really inspiring. I was quite in awe of him, really. That's always quite nice when you meet someone you instantly connect with.

**Are marriage and babies next?**

I'd love to have a family. I tried for a baby this year and unfortunately, it didn't happen. Hopefully in the future, I'll try again. In the next year, or couple of years. That's next on my wish-list. I'm just focusing on getting fit, then hopefully... Until then, I'm having fun practising! ■

BY AOIFE STUART-MADGE. PHOTOGRAPHS MURINDIE FREW/ITP. STYLING CHEE SMITH. HAIR AND MAKE-UP TANYA REX. KELLY IS MODELLING CLOTHES, SHOES AND ACCESSORIES FROM NEW LOOK

